

## Approved Telephone Conference Call Meeting Information – 07/01/21

### ENGLISH-BASED MEETINGS FROM THE US

Below are the details to call in for all the meetings. All US-based Telephone Conference Call meetings are based on Eastern Time Zone times.

<b>Day and Time EASTERN TIME</b>	<b>Call-In Number</b>	<b>Meeting Code</b>	<b>Email for Information</b>
Sunday – 9PM	712-775-7130	9131957#	weeklycallhelp@gmail.com
Wednesday – 9PM	712-775-7130	9131957#	weeklycallhelp@gmail.com
Friday – 3PM	712-775-7130	9131957#	weeklycallhelp@gmail.com

U.S. callers who are trying to call the U.S. numbers and have difficulty getting connected should scroll to the bottom for additional directions.

The telephone conference call platform we are using has local access telephone numbers for 74 different countries. If you are going to call from a foreign country, please use the appropriate email address to request the local calling numbers.

### ENGLISH-BASED MEETINGS FROM VANCOUVER, BRITISH COLUMBIA

There are numerous local direct dial numbers throughout Canada and the US. To get a list, use the email below.

<b>Day and Time PACIFIC TIME</b>	<b>Call-In Number</b>	<b>Meeting Code</b>	<b>Email for Information</b>
Tuesday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Friday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca
Sunday – 7PM	604-259-2561	890 477 4319 #	friend@gabc.ca

### SPANISH-BASED MEETINGS FROM MEXICO

Worldwide access is available with non-US country local phone numbers. Please use the email address below to obtain those local area numbers.

<b>Day and Time MEXICO CITY TIME</b>	<b>Call-In Number</b>	<b>Meeting Code</b>	<b>Email for Information</b>
Wednesday – 8PM	712-770-5306	565387 #	Miercoles8PMAyuda@gmail.com
Saturday – 6PM	712-770-5377	432973 #	Sabado6PMAyuda@gmail.com

## **SPANISH-BASED MEETINGS FROM SPAIN**

<b>Day and Time Madrid Time</b>	<b>Call-In Number</b>	<b>Meeting Code</b>	<b>Email for Information</b>
Sunday- 7pm	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Tuesday- 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org
Thursday 7PM	712-770-5370	781589 #	area21ayuda@jugadoresanonimos.org

## **FOR U.S. CALLERS HAVING DIFFICULTY CONNECTING TO A CONFERENCE CALL:**

If you can't get through to the conference call number, first recheck that you are using the proper dial-in number and meeting code. If you still have problems, you may text for help.

**First choice:** Text the word **HELP** to the conference call-in number. You will be texted an alternate call-in number.

**Second choice:** Text the words **CALL ME** to the conference call-in number. The system will call you back and connect you directly.

This information is available at [trusteewebsite.com/telephone-conference-call](http://trusteewebsite.com/telephone-conference-call)